

# Aging and Adult Services

## Quick Facts:

- Utah is the 6<sup>th</sup> fastest growing state in the U.S. in the 65+ population
- Utah will soon experience a population boom in people over 65 years old
- In 2008, over 9,500 Utahns turned 65; in 2013, it skyrockets to over 13,000
- There are 105 senior centers statewide
- The typical victim of vulnerable adult abuse, neglect and exploitation is a 80-year-old female, living alone in her home
- Self-neglect tends to be the most common referral received
- Financial exploitation is increasing each year

We administer a wide variety of home and community-based services for Utah residents who are 60 and older. Programs and services are primarily delivered by a network of 12 Area Agencies on Aging which reach all geographic areas of the state. Our goal is to provide services that allow people to remain independent.

## SOME OF OUR SERVICES

- Over 8,000 homebound Utah seniors receive a meal delivered to their home by local agencies and volunteers
- Almost 16,000 Utah seniors eat at least one meal in their local senior citizen center
- Adult Protective Services investigates more than 3,000 allegations of abuse and neglect involving vulnerable adults
- 1,900 Utah seniors receive services in their homes, allowing them to live there instead of going into a skilled nursing facility

## VOLUNTEER OPPORTUNITIES

Contact your local senior center or Area Agency on Aging (numbers and locations can be found in the government section of the phone book or by contacting Utah Division of Aging and Adult Services).

Contact AARP, 1-866-448-3616, [www.aarp.org/states/ut/](http://www.aarp.org/states/ut/)

Utah Commission on Volunteers, 1-888-755-UTAH (8824), [www.volunteers.utah.gov](http://www.volunteers.utah.gov)

## IF YOU NEED MORE INFORMATION

### Utah Division of Aging and Adult Services

1-877-424-4640

### Utah Office of Public Guardian

801-538-8255

### Utah Long Term Care Ombudsman

1-877-424-4640

### To report abuse, neglect or exploitation of a vulnerable adult:

1-800-371-7897 or 801-538-3567